



## VANILLA YOGURT!

Scan the QR code below to see our  
vanilla yogurt food exploration  
dynamic scene cues!





**LET'S COLOR!**

Tools: the following coloring page and crayons

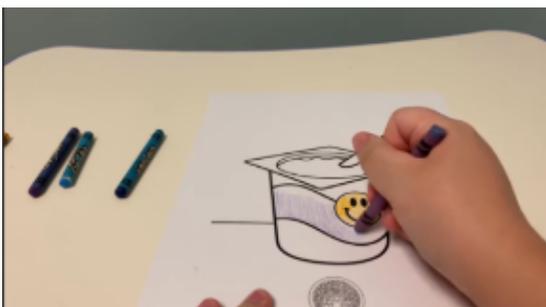
Note: If your learner is feeling overwhelmed with this activity, consider covering the future steps with a piece of paper, so they view one step at a time.

Instructions:

1. Color the face orange.



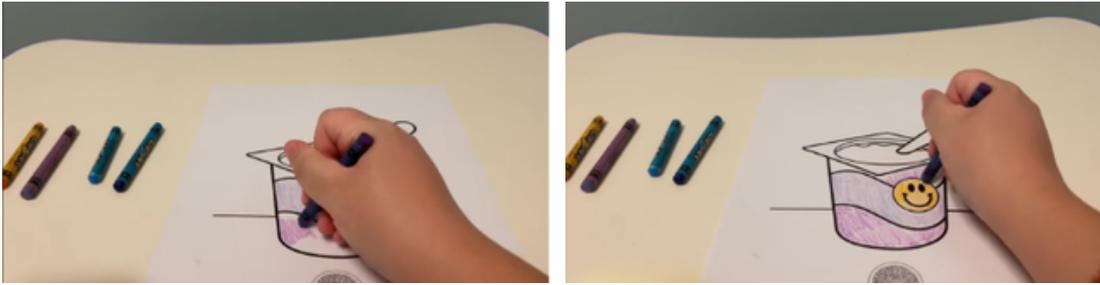
2. Color the wavy line light purple.



Scan the QR code below to follow along with our vanilla yogurt coloring page dynamic scene cues!



3. Color the yogurt cup dark purple.

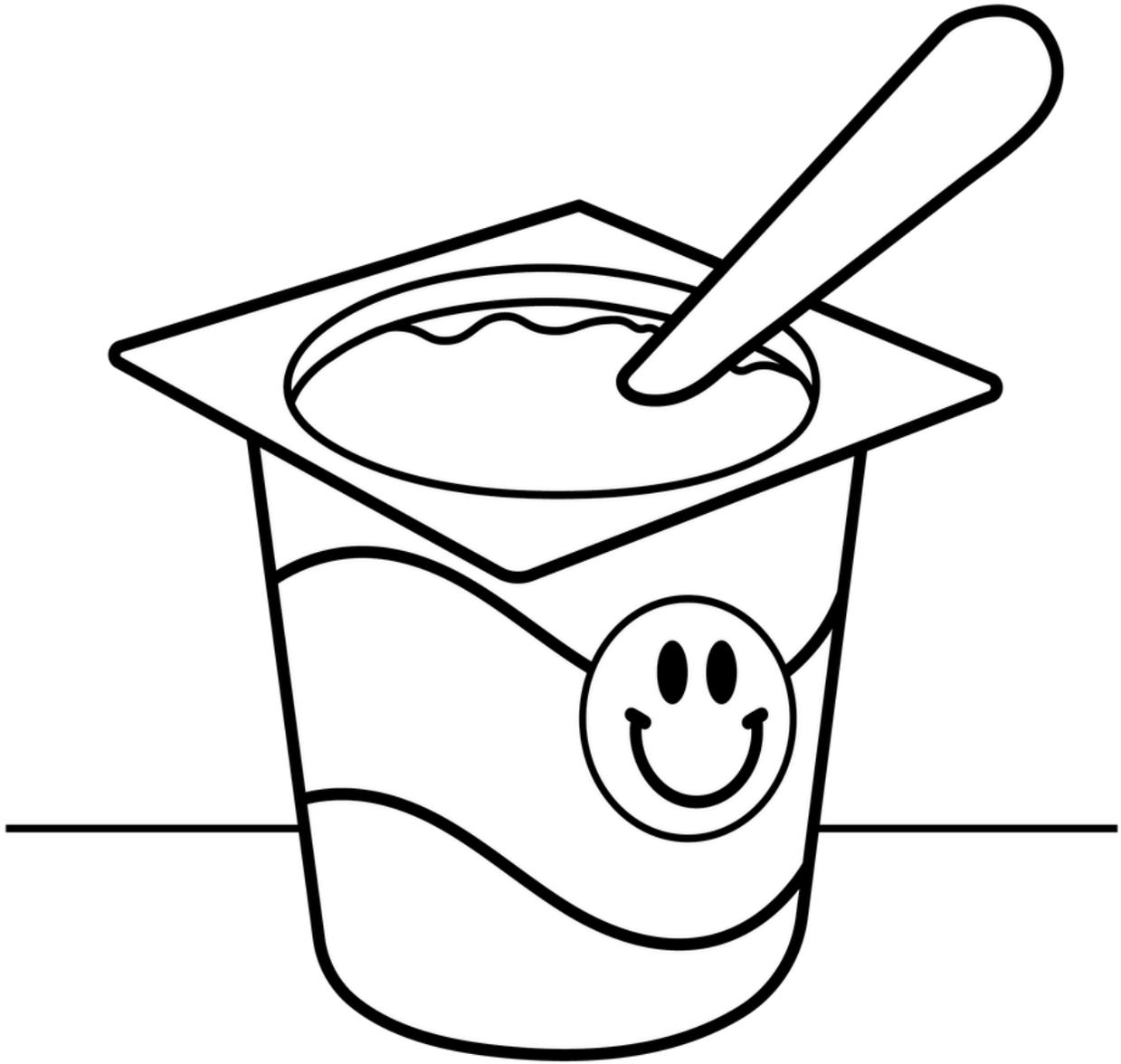


4. Color the spoon handle light blue.



5. Color the lid dark blue.







## VANILLA YOGURT SENSORY PLAY!

Tools: Tray or bin for base, vanilla yogurt, spoon, pom poms, spiraled pipe cleaners.

Instructions:

1. Spread the yogurt.



2. Place the pom poms in the yogurt



Scan the QR code below to  
follow along with our vanilla  
yogurt sensory tray  
dynamic scene cues!



3. Swirl the pipe cleaners in the yogurt.



4. Shovel the yogurt with a spoon.



5. Squeeze the pom poms.





# SNOW BARK RECIPE

Ingredients and tools: baking sheet, parchment paper, yogurt, spatula or scraper, toppings (sprinkles, chocolate chips, fruit, etc.), freezer, timer, plate or bowl for serving.



1. Get a baking sheet.



2. Get a piece of parchment paper.



3. Put the parchment paper into the baking sheet.



# SNOW BARK RECIPE

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4. Get vanilla yogurt.



5. Pour the yogurt into the baking sheet.



6. Get a spatula.

# SNOW BARK RECIPE



## 7. Spread the yogurt.

[Adult: about 1/3-1/4" thick.]



## 8. Get toppings.

[Adult: Take photos of alternative topping ideas - such as chips or fruit - and use them as a replacement for this step if you would like!]



## 9. Put the toppings on the yogurt.

# SNOW BARK RECIPE



10. Put the pan in the freezer.



11. Set a timer.

[Adult: This could take 3-4 hours depending on thickness.]



12. Take the pan out of the freezer.

# SNOW BARK RECIPE

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13. Break the frozen yogurt into pieces.



14. Put the yogurt on a plate.

**Note for the adult:** For some learners being in the same room as a challenging food or touching a challenging food is a win in itself. It's okay if your learner isn't ready to try the snow bark after making. Try modeling what eating the snow bark looks like and talk to your child about how yummy it is. Putting pressure on a child to eat the challenging food prolongs feeding challenges.