

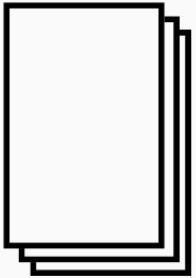
How to Make a Paper Booklet

You will need:

- Paper
- A Stapler

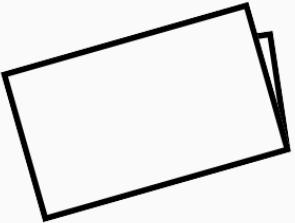
Step 1:

- Print out all of the pages you will need (when printing double-sided, make sure to select "flip on short edge")



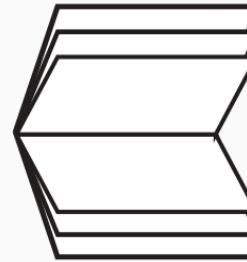
Step 2:

- Fold each page in half



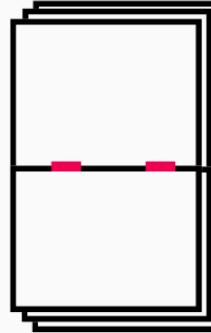
Step 3:

- Put each folded page inside the other like this

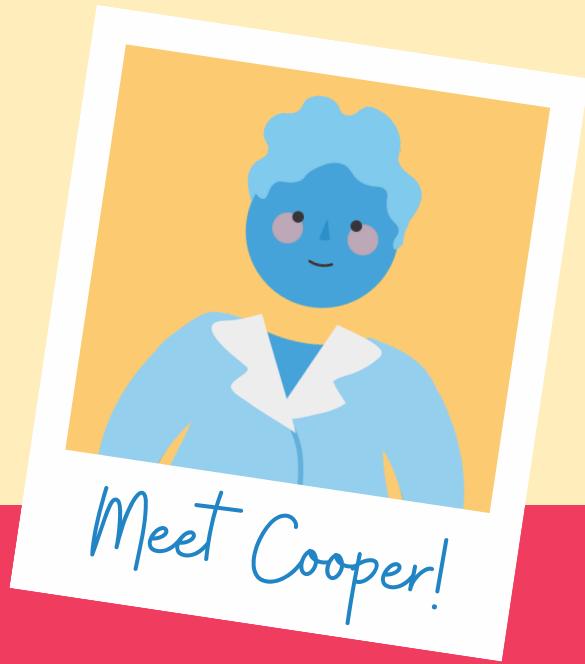


Step 4:

- Put 1-2 staples in the center of the booklet (using the **red marks** below as guides)



Now you have a quick and easy booklet!



It can sometimes be difficult for kiddos to adjust to a change in their usual schedule, like when there is a day off from school. Join Cooper as he navigates staying home due to a holiday, and learns that changes to your schedule can still be fun!



Cooper's Day Off

Autism Care Partners



Questions After Reading:

Did this book make you feel happy?
Sad? Angry? Silly?

What lesson did Cooper learn today?

What do you think will happen the
next time Cooper has a day off
from school?

How do you feel when you stay
home for the day?

What is your favorite game to play?



The sun warmed Cooper's cheeks through
the window. He slowly made himself wake up,
opening his eyes, yawning a big yawn, sitting
up to *streeeeeetch* a big stretch, and then
swinging his feet over the edge of his bed.

He sat there for a minute and listened. He didn't hear his brother or sister running around getting ready for school. He looked out the window and saw Daddy's car was still in the driveway. Why was Daddy not at work? Why was no one getting ready for school? Why did no one wake him up? Cooper thought something must be wrong.



"Yes, Coop?" answered Daddy.

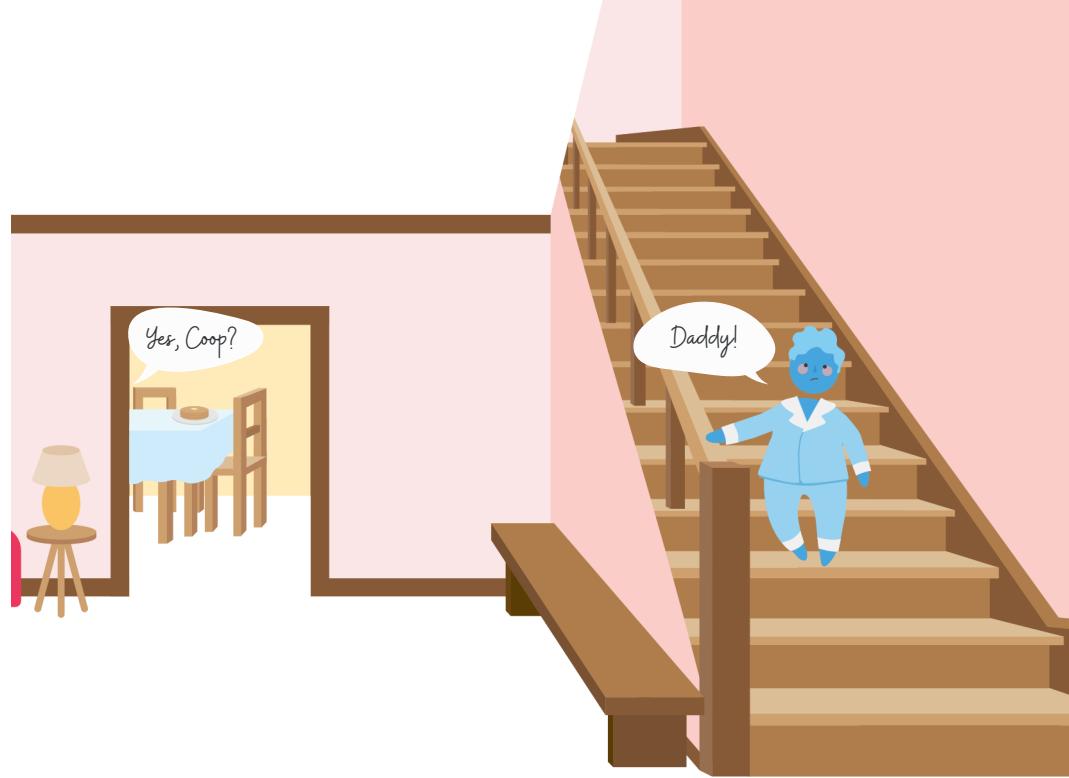
"I had a really great day off, but I want to go to school tomorrow," Cooper admitted.

"Well, that's good, because tomorrow is a school day," Daddy told him, "Back to normal!"

Cooper sighed with relief and sank closer into Daddy's side. Cooper decided days off weren't so bad after all.

The End.

That day, Cooper, Daddy, and his brother and sister played Cooper's favorite game. They colored and read lots of books. Daddy made grilled cheese for lunch, Cooper's favorite. Then, Daddy let them watch a really funny movie while they all snuggled on the couch. When the movie ended, Cooper leaned close to Daddy's ear. "Daddy?" he whispered.



He jumped out of bed and stomped down the stairs, following the smell of pancakes and syrup. "Daddy! Daddy!" he called.

"Yes, Coop?" Daddy answered from the kitchen. Cooper made his way there and saw Daddy stacking three pancakes on top of a plate.

"You didn't get me up from school!" Cooper cried.

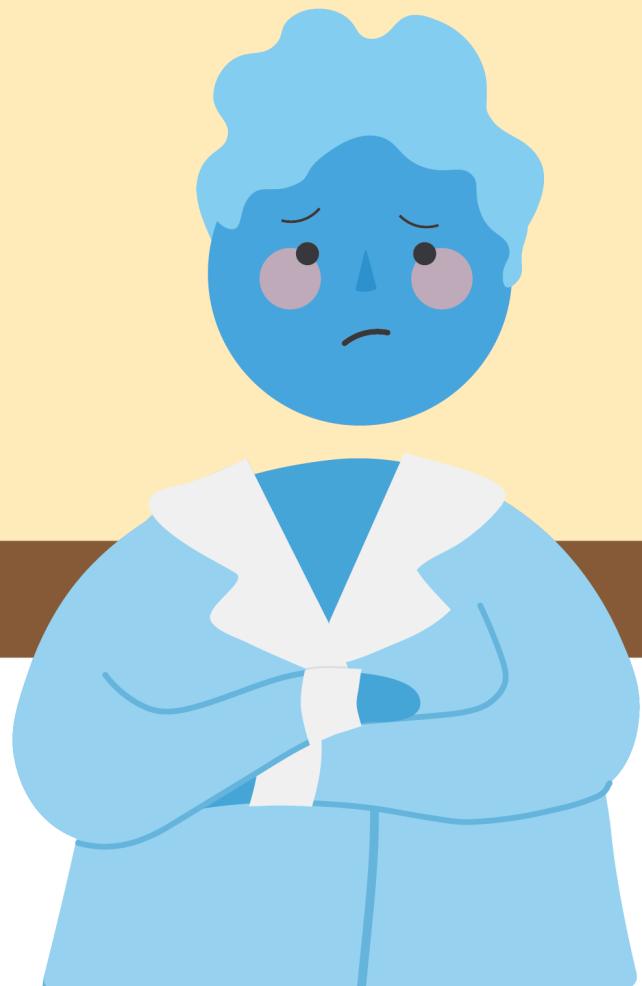
"Yes," agreed Daddy.

"You didn't go to work!" Cooper wagged his finger.

"Yes," agreed Daddy with a smile.

"It's not funny!" Cooper's cheeks felt hot.

"I told you we were staying home today. It's a holiday. I don't go to work, and you don't go to school," Daddy calmly reminded him.



Daddy smiled and gave Cooper a big bear hug, just like he liked. Cooper felt so much happier right away. Daddy always gives the best hugs. "Are you ready for your pancakes now?" Cooper's tummy growled in response. "I guess that means yes!" Daddy laughed.



Cooper returned to the kitchen, still frowning. "I did my morning routine, but I'm not even going to school!"

"Great job, Coop! I'm very proud of you. How about a hug or a high five?"
Daddy suggested.

Cooper thought for a minute. A hug did sound very nice. Maybe he could be done being mad. "A hug," Cooper whispered.

Then, Cooper remembered. Daddy did say that yesterday. Cooper was still frustrated. He wanted to go to school. He goes to school every Monday, Tuesday, Wednesday, Thursday, and Friday. And today was one of those days! "But I want to go to school!" Cooper complained.

Daddy chuckled. "Sorry, Coop. Today we're staying home. Would you like a pancake?" Daddy pulled Cooper's chair out and held out his hand, encouraging Cooper to sit.



Cooper's Morning Routine	
	Pick Out Clothes
	Use The Toilet
	Wash Hands
	Brush Teeth
	Brush Hair
	Get Dressed
	Put Clothes in Hamper
	Make Bed
Done!	<input type="checkbox"/>



"No!" Cooper stormed back upstairs. He went to his dresser and pulled out his school clothes. Then he stamped down the hall and into the bathroom. On the bathroom wall, Daddy had hung a morning routine chart. Cooper used to get himself ready each day. Cooper used the blue marker to check off "Pick out clothes."

Cooper's Morning Routine

	Pick Out Clothes	<input checked="" type="checkbox"/>
	Use The Toilet	<input checked="" type="checkbox"/>
	Wash Hands	<input checked="" type="checkbox"/>
	Brush Teeth	<input checked="" type="checkbox"/>
	Brush Hair	<input checked="" type="checkbox"/>
	Get Dressed	<input checked="" type="checkbox"/>
	Put Clothes in Hamper	<input checked="" type="checkbox"/>
	Make Bed	<input checked="" type="checkbox"/>
Done!	<input checked="" type="checkbox"/>	

Done!

Next, he needed to use the potty. Then, wash his hands. Brush his teeth. Comb his hair. Get dressed and put his pajamas in the hamper. And then he went and made his bed. When he had all his morning things done, he put a big checkmark next to "Done!" on his chart.