

DIY Rainbow

Sensory Craft

This activity can be used to work on color identification and vocabulary with your kiddo! It will also help practice fine motor skills while introducing new textures!

Rainbow Materials:

- Paper
- Paint
- Cotton Balls
- Glue



Instructions:

1. Print or draw a rainbow on a white piece of paper.
2. Pour your paint onto plates and use cotton balls as your brushes.
3. Dot or swipe the paint onto the rainbow depending on motor skill goals.
4. Paint the sky.
5. Glue leftover cotton balls to the clouds for a 3D effect.
6. Show off your rainbow!

Please remember that adult supervision is necessary for a safe and enjoyable experience.



Autism Care
Partners

