

ACP

's First-Then Board!



Autism Care
Partners

**ACP has released a First-Then board for our families!
Using tools such as First-Then boards can provide
visual support for following instructions and
understanding routines!**

Benefits

- Helps to clarify demands.
- Help to break down bigger tasks into smaller components.
- Increases motivation to complete activities.
- Aids an individual with understanding when an item and/or activity is available.
- And more!

**We have included a token board section to reward
positive behavior and provide structured reinforcement
when working towards goals!**

How to use:

We have included PECS for you to assist in the example! If your kiddo is working towards playing outside, they could earn a token for every item of clothing they put on! You can use the First-Then board for this as well!

- EX: First jacket, then gloves! First hat, then boots! And so on!
 - After all 5 tokens are given, your little one earns the reward!

_____ 's First-Then Board!

A large rectangular box with a light blue border and a white interior. At the bottom of the box, the word "FIRST" is printed in bold, black, uppercase letters.A large rectangular box with a bright pink border and a white interior. At the bottom of the box, the word "THEN" is printed in bold, black, uppercase letters.

I am working for...

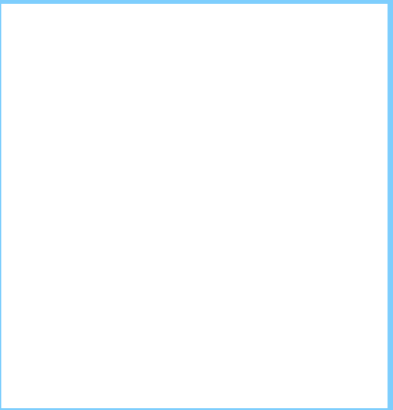
A rounded square box with a green border, intended for a visual or written goal.A horizontal row of five rounded square boxes with orange borders, intended for a list of goals or tasks.

_____ 's First-Then Board!


FIRST



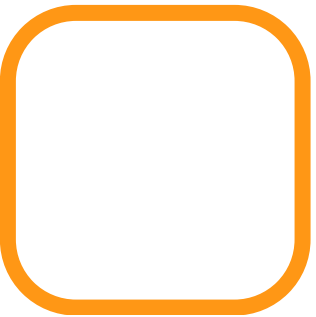
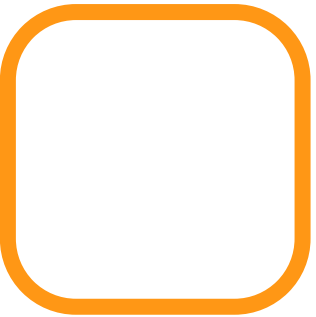
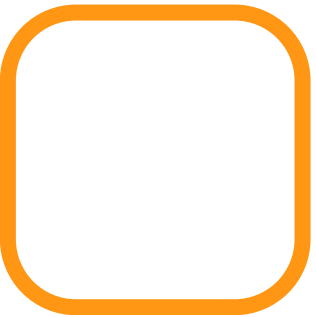
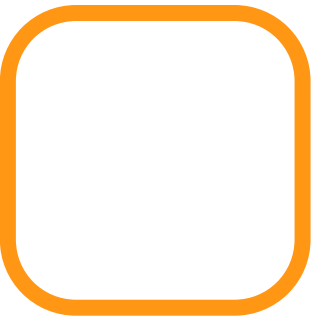
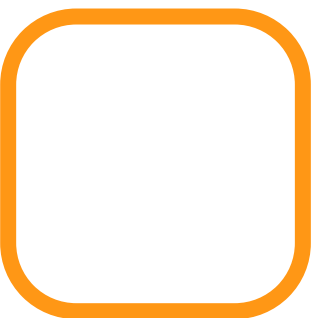
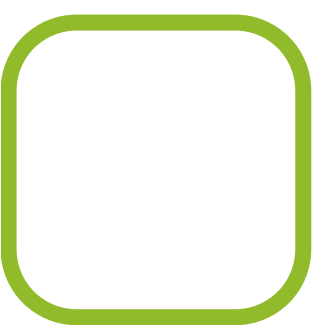
NEXT



THEN



I am working for...





Some PECS to Start!



Play



Hat



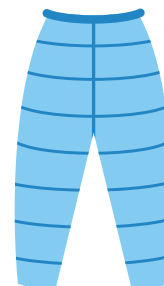
Jacket



Gloves



Boots



Pants

Tokens!

